

**BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS)
TABLES FOR ALCOHOL, TOBACCO, AND MENTAL HEALTH: AGES 18 AND OLDER**

	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003
Alcohol Use in Past 30 Days (%)											
Missouri	48.5	48.5	52.5	47.7	50.1	51.9	51.9	50.7	51.8	51.8	53.5
U.S. (Median of the States)	54.5	55.3	57.1	54.6	54.3	54.4	54.8	55.4	56.2	57.1	59.4
Binge Drinking * in Past 30 Days (%)											
Missouri	17.2	17.3	19.2	15.6	17.2	15.3	16.2	16.5			
U.S. (Median of the States)	16.8	16.9	18.3	15.1	15.7	15.6	15.8	15.4			
* 5 or more drinks on one occasion for males											
* 4 or more drinks on one occasion for females											
Heavy Drinking ** in Past 30 Days (%)											
Missouri	6.0	6.3	7.3	5.5	4.1	5.3	4.6	6.2	5.0	6.0	5.5
U.S. (Median of the States)	6.2	6.1	6.6	5.0	5.1	5.1	5.2	4.9	4.9	4.9	5.8
** More than 2 drinks per day for males											
** More than 1 drink per day for females											
Tobacco Smoking in Past 30 Days (%)											
Missouri	22.1	23.9	25.0	21.1	23.1	24.9	24.5	23.2	23.4	24.1	27.2
U.S. (Median of the States)	19.0	19.6	21.2	17.3	17.9	18.3	19.8	20.1	20.6	20.9	22.0
Former Smokers (%)											
Missouri	25.2	23.9	25.0	26.1	24.7	25.0	23.4	26.8	24.2	24.2	24.3
U.S. (Median of the States)	25.3	25.2	25.1	25.1	25.5	25.2	24.6	24.7	24.8	24.1	25.2
Limited in Any Activities Due to Physical, Mental, or Emotional Problems											
Missouri	24.2	23.7	28.1	24.8	22.1	25.0	21.4		20.9		19.3
U.S. (Median of the States)	19.7	20.1	24.3	21.2	18.9	20.6	18.9		18.6		18.3
Depressive Disorder Identified by Health or Mental Health Professional in Lifetime (%)											
Missouri	21.3	20.1	20.1								
U.S. (Median of the States)	18.7	18.0	17.5								

Values shown are weighted estimates based on sampling. Apparent differences in values might not be statistically significant.

Data Source: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention: Behavioral Risk Factor Surveillance System.

2002

53.6
58.1

6.1
5.9

26.5
23.2

25.5
24.7